

Meg

THE DIVORCE COACH

Meg is a full time single mom of 3-ages 17, 14 and 12. She coaches women on their journeys leaving toxic partners. She loves PureBarre, being in the sun, traveling, taking great photos of her kids, and is always up for a new restaurant.



CORE TOPICS

- When to leave your partnership
- How to practice trusting yourself
- How to thrive as a single parent
- Prioritizing yourself and why this matters when leaving a toxic partnership
- How to spot a 'bad guy'
- How to separate yourself from other people's bad behavior
- How to love yourself after leaving a toxic partnership
- What to look for in a divorce attorney

SUGGESTED QUESTIONS

Relationships

How do I build self confidence and trust?

What are the signs that it's time to leave my partner?

How do I build a fulfilling life as a single mom for myself and my kids?

How do I prioritize self care when everyone else seems to need all of me?

How do I set effective and healthy boundaries?

How do I rebuild self love after ending a toxic relationship?

Business / Personal

Why did you become a coach?

Why do you choose to coach this group of women?

What led you to start this business?

RESOURCES

Free Video: Should I Get Divorced?

www.megthedivorcecoach.com/freevideo

Coming Home to You Mini Course

www.megthedivorcecoach.com/minicourse

Save Your Sanity Free Coaching Call

www.megthedivorcecoach.com/freecoaching

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